



SEVANTI
WELLNESS

PRACTITIONER'S HANDBOOK



Welcome

This handbook contains information about the objectives of Sevanti Wellness (SW) and the methods it employs to achieve these goals. It serves as a reference for the protocols and practices of SW and also as a common point of reference for Practitioners. The document outlines essential qualifications and expectations that help us maintain our credibility and position as a leading wellness collective.

About Us

Sevanti was founded in 2001 to offer wellness, education, and sacred travel opportunities. The Sevanti vision and hope are that we all awaken to the most incredible gift within us: a loving self-compassion steeped in self-knowledge (svavidya). There is no greater knowledge or source of happiness and health than a compassionate knowing of who we are in this life.

Vision & Mission

Sevanti Wellness is a holistic wellness practice that provides the highest-quality Ayurveda Counseling, Yoga Therapy, and Vedic Astrology virtually from the comfort of home. Clients are welcome to learn from one or all three perspectives on human life. For our practitioners, we provide our Three Pillars of Practice: community team practice, professional development programs, and virtual tools. Healers grow best in community with the guidance of peers and experienced mentors.

Sevanti Wellness 3 Pillars of Team Practice

Sevanti Wellness operates under a philosophy centralized around what we call the Three Pillars of Team Practice:

1. Practitioner Community Support
2. Professional Development
3. Virtual Practice Tools



JOIN OUR PRACTICE COMMUNITY

Only a tiny fraction of Ayurveda, Yoga Therapy, and Vedic Astrology students go on to practice their trade professionally. After years of personal study and exploration, graduates of wellness training often need to be more in touch with their community, especially the professional community. When Practitioners practice in the dark, Sevanti Wellness strives to be the light.





Healers Grow Best in Community

Practice in a Community of Your Peers - All Directors and member practitioners are available to support one another. Gain access to our wide range of clinical and academic professionals who can provide advice and support on a limitless range of issues impacting this unique industry.

Kula Gatherings - Clinical meetings; two meetings per month. Each clinical department – Ayurveda, Yoga Therapy, and Vedic Astrology- will hold its own virtual meetings twice per month. Learn clinical skills from and share with your peers. Present challenging case reports for feedback. Use this time to share clinical methods, present findings from your work, share new practice methods, and share resources relevant to each discipline’s unique practice system.

Sangha Gatherings - Informal and social; one per month. Sevanti Wellness will offer casual virtual meetings, open to practice members across all three departments, to meet and greet, learn from each other’s practices and specialties, and deepen social connections. These meetings are the perfect space to ask questions and brainstorm new ideas. Whether concerning your practice, managing clients, workshops, or anything else relevant to the Sevanti sangha, these monthly virtual calls are the backbone of our community of practitioners.

Cross Referrals - Receive and send referrals from practice members across all disciplines at Sevanti Wellness. Create your own network of SW team member referrals that will reciprocate with their referrals to you.



PROFESSIONAL DEVELOPMENT

Receive Community Practice Support & Mentorship

In each department of Ayurvedic Counseling, Yoga Therapy, and Vedic Astrology, we have a team of Directors and Advisors who are here to support you. Our Advisors are practitioners with a lengthy demonstrated expertise in their field, and a demonstrated ability to authentically incorporate these practices into their daily lives. With all of the support available, there are several ways to take advantage.

- Individual one-to-one clinical support for your practice (via individual appointments and scheduled office hours)
- Opportunities to grow your practice by offering group workshops showcasing your expertise
- A community of like-minded practitioners to elevate and grow your practice and revenue

The SW Professional Development Program enables our Team Practitioners to share and discover new skills in clinical settings with the support and guidance of their professional peers and mentors. For those interested in being challenged by more experienced practitioners and teachers, we offer a Mentorship Program that includes mentors with decades of experience and specialization within their discipline. In addition to the community peer exchange that comes with general SW membership, our mentors offer one-on-one support at a higher standard of guidance.

While our Mentors are always available to support the SW community, it may be possible to secure additional one-to-one mentorship opportunities with our Advisors decided on a case-by-case basis directly between the Practitioner and Advisor. (Please note our mentors' time is extremely valuable and may require additional payment to a mentor.)



TAKE ADVANTAGE OF A PLATFORM OF VIRTUAL TOOLS

Individual Booking Account

- **Scheduling software** - control your calendar and set your available hours and days.
- **Payment processing** - earnings are deposited directly into your bank account
- **Individual Booking Link and Calendar Widget** - can easily plug into your existing website

Booking Software

Set your own schedule and prices for your service offerings.

To take bookings, you can send clients to the Sevanti Wellness website, your individual profile and booking page, or plug your booking calendar into your existing website.

Sevanti Wellness uses Momenca to book sessions, which requires a unique, new payment processing account with Stripe payments. If you choose to use our booking system, please allow us to walk you through this process.

If you already have a booking system in place, you are welcome to continue using your existing setup.

Online booking makes appointment-keeping simple for you and your clients.

Videoconferencing

Sevanti Wellness utilizes Zoom video conferencing. When you provide your professional Zoom link, we will attach that to your bookings that automatically gets sent to your clients once a booking is confirmed.

When a client books you, you will receive an email notification and calendar invite. Your Zoom link will be automatically sent to your client, streamlining the administrative tasks of booking a session.



Membership Includes:

- Flat, low-cost membership fee: \$200 per month
- No setup fees or additional hidden costs
- Keep 100% of your earnings, minus a 2.9% Stripe fee per transaction – if you use our booking platform.
- Earnings are deposited directly into your bank account – if you use our booking platform.
- Complete autonomy in managing booking schedules and setting prices to make them fully accessible to your community.
- Practice virtually - See clients from anywhere in the world.
- Membership includes an optional client booking account used with your existing Pro Zoom account.
- Keep your personal branding and intellectual property and benefit from Sevanti Wellness marketing.

We don't believe in exclusive non-compete relationships.



Practice Requirements

Sevanti Wellness is always looking for Member Practitioners. In addition to individual discipline qualifications, each Member Practitioner must be over 21, provide proof of liability insurance (see Insurance Requirements section below), and pay membership dues. For requirements on joining a department, please see individual disciplines below.

Discipline

AYURVEDA COUNSELOR

There are three ways to qualify for practice as an Ayurveda Counselor:

1. Graduate and hold certification from a school of Ayurveda of good standing within the Ayurveda community, or
2. Recognized as a Certified Ayurvedic Health Counselor (CAHC) or greater with the National Ayurvedic Medical Association (NAMA), or
3. Recognized as a Registered Ayurvedic Health Counselor (RAHC) with the Association of Ayurvedic Professionals of North America (AAPNA)

YOGA THERAPIST

There are two ways to qualify for practice as a Yoga Therapist:

1. Graduate and hold certification from a school of Yoga Therapy of good standing within the Ayurveda community, or
2. Hold a C-IAYT certification from the International Association of Yoga Therapists (IAYT), or
3. Recognized as an Ayurvedic Yoga Therapist (AYT) with the National Ayurvedic Medical Association (NAMA)

VEDIC ASTROLOGER

There are three ways to qualify for practice as a Vedic Astrologer:

1. Graduate and hold certification from a school of Vedic Astrology of good standing within the Jyotish community, or
2. Recognized as a Registered Vedic Astrology Consultant (RVAC) with the Association of Ayurvedic Professionals of North America (AAPNA), or
3. Recognized as Jyotish Visharada from the Council of Vedic Astrology (CVA).



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PROFESSIONAL BEHAVIOR & OTHER PRACTITIONER REQUIREMENTS

Sevanti Wellness prides itself on our community of professional, high-quality wellness practitioners. Our practitioners take pride in their practice as well as themselves.

Virtual appointments should not be conducted while driving, cooking, walking the dog, or any other activity.

The environments where practitioners see clients are clean, and sessions are safe, nonjudgmental, and free of all distractions.

It is essential to dress appropriately to show respect to the client, the practice, and oneself.

INSURANCE REQUIREMENT

Sevanti Wellness Center requires all practitioners to provide proof of liability insurance before beginning to practice.

Since different insurance requirements apply to different modalities and locations, we require each practitioner to cover what their unique practice requires in their specific jurisdiction.

Sevanti Wellness recommends insurance from Alternative Balance. They offer policy plans that cover Ayurvedic Counselors, Vedic Astrologers, and Yoga Therapists.

For more information on your specific insurance needs, contact your trade organization.

Office Hours

Get support for your practice with private meetings during open office hours.

The SW Director will be happy to answer any questions you may have from a technical standpoint, or advise you on how to expand your wellness practice.

Sevanti Wellness also maintains relationships with an expansive list of wellness professionals and will gladly facilitate an introduction for you.

Community-Building

Reach out to the Sevanti Wellness Director for information on how to put on group workshops for your fellow Practitioners.

Opportunities are also available to work with students enrolled in the Ayurveda Wellness Counselor Program (AWCP) at Sevanti Institute. practitioners.

Enjoyment

We are thrilled to have you join Sevanti Wellness, and we hope you are, too. You've chosen an exciting field of study and living and an equally exciting time in its accessibility. If you need further information, please don't hesitate to contact Casey Roberts, Director, at casey@sevantiwellness.com



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